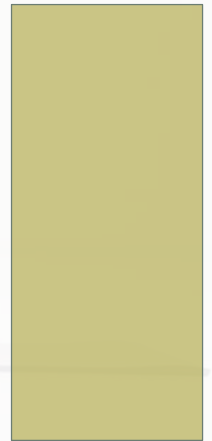




INSYNCBODY FITNESS AND NUTRITION

INTRODUCES THEIR EXCLUSIVE PRODUCT LINE



LIST OF PRODUCTS

- Purium Health Products (vegan)
- WithinUs TruMarine Collagen - 5,000 mg hydrolyzed
- Sewanti Ayurvedic Supplements and Massage Oils
- Pranin Multivitamin (whole food-vegan-powder)
- Essentially Lu Organic Essential oils (custom mix)
- Sun Potion Transformational Foods
- YogaFit Dvds, Cds, YogaLean Books
- ISBF logo sweat towels and t-shirts

- ALL PRODUCTS CAN BE FOUND ON THE [Insyncbodyfitness.com](https://www.insyncbodyfitness.com) website.



ABOUT PURIUM

- Visit my specially designed website listing all of the Purium Products www.mypurium.com/insyn
 - Purium for weightloss
 - Purium for athletic performance
 - Purium for seniors
 - Purium for children
- InSyncBody*
Fitness and Nutrition
- Purium offers several nutritional vegan products to enhance your well-being and healthy weight-loss programs like the 10 day Transformation diet



WHERE CAN I BUY PURIUM

- Contact us directly for CND \$ pricing and save on shipping.
- We keep a minimal amount of products on hand and we place orders on a monthly basis. Group orders save us all money.
- Book a free session to talk about the products and see if Purium is right for you.

InSyncBody
Fitness and nutrition



TRUEMARINE COLLAGEN

- *WithinUs is a Canadian company from Vancouver offering premium supplements.*



- TruMarine Collagen is the best collagen on the market. NonGMO.
- 5,000mg hydrolyzed collagen powder per 5 gram serving
- \$80 for 50 servings



SEWANTI AYURVEDIC SERIES

- Our products are CANADIAN, they are made by an Ayurvedic Practitioner in Vancouver and are Certified pure.
- Clients should consult with our certified Ayurveda product specialist and wellness consultation before taking the product. We want to make sure you are taking what you need. They are perfectly safe and no side effects.
- POPULAR PRODUCT SUPPLEMENTS include
- Triphala Holy Basil..... StressnilJoint Flex

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Fitness and nutrition



WHAT ABOUT THE AYURVEDIC OILS

- We carry the Ayurvedic Massage Oils
- The therapeutic message oils can be used to - stimulate weight loss, relaxation, muscle and joint pain relief as well as dosha specific oils to bring balance into your life.
- **WE CARRY A LIMITED AMOUNT OF PRODUCTS INSTORE**
- **ORDERING PRODUCT CAN TAKE UP TO A WEEK TO RECEIVE**
- **WE ORDER IN BULK AND PASS THE SAVINGS ALONG TO YOU**

InSyncBody
fitness and nutrition



OPEN HOUSE SPECIAL SAVE 10%



PRANIN MULTIVITAM



Premium multivitamin
\$72.99
Non gmo, vegan

300 gram glass jar, 30 servings.

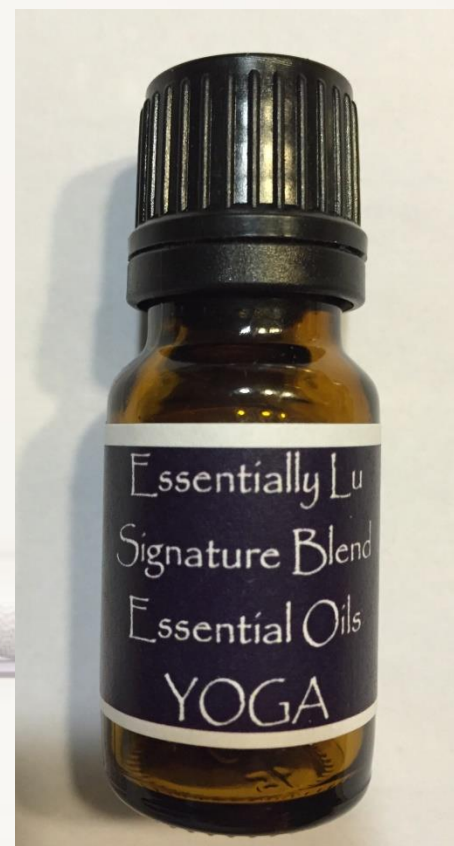
PureFood A to Z is a whole-food organic multivitamin powder formulated by a Naturopathic Doctor. PureFood A to Z covers your nutritional bases and is a source of 25 essential vitamins and minerals.

Ingredients: Moringa leaves, carrots, apples, spirulina, beets, red seaweed, spinach, cabbage, kale, collard, guava leaves, parsley, amla berries, lemons, sesbania, holy basil, annatto seeds, Portobello mushrooms, Icelandic kelp, cilantro, horsetail, & mustard seeds.



ESSENTIALLY LU

You get to choose up to 6 high grade essential oils (imported- we source the oils from the country they were originally grown for highest and purest quality)



Custom blends made just for you

Essentially Lu Essential oils are a combination of up to six essential oils to compliment your dosha. Price varies depending on the combination.

Our popular all purpose blend is made up of a combination of: lavender, vanilla, bergamot, geranium, sweet orange ylang, ylang Price is \$25 for 10 ml

CHOICES ARE: Geranium (Egyptian), Vanilla (Mexico), Jasmine (India), Rose (Bulgaria), Bergamot (Italy), Ylang Ylang (Madagascar), Lavender (France), Roman Chamomile (Italy), Blue Chamomile (Germany), Peppermint (India), Hawaiian Sandalwood, Cedarwood (Morocco), Sweet Orange (China)



ESSENTIAL OIL BLENDS

- Choose up to 6 oils to create your own blend
- We are available to assist in combination choices for your wellbeing
- Call us for a consultation. We will ask you a few questions to select the correct combination of essential oils "just for you"
- All custom blends are paid for at time of order. A custom blend is usually available within a week.
- **OPEN HOUSE SPECIAL ANY COMBO \$25 for 10 ml**
- Contact LUCIE at lu@insyncbodyfitness.com

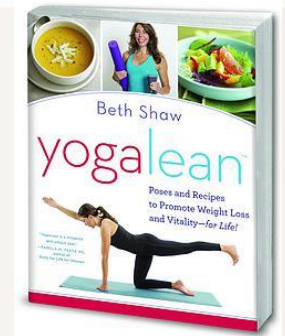
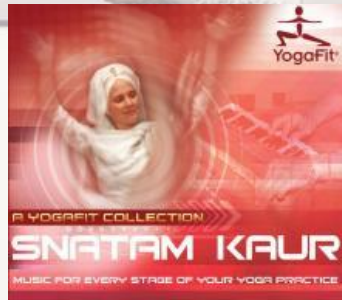
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YOGAFIT PRODUCTS



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We carry a selection of YOGAFIT products including Dvds, Cds, Books, Straps and core ball . Contact us for selection and price.
Limited quantity



ISBF LOGO PRODUCTS



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Selections change seasonally



Visit our website for updates

Sign up for a newsletter and get monthly updates, recipes, fitness tips and specials

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namaste

